

## **Self Portrait Workshop**

Carol Ann Waugh

Supply List

### **Required**

- 1 FQ cotton or batik for background -- Solid color (no patterns)
- Thread to match background fabric.
- 1 FQ for backing
- Sewing machine with zig-zag foot & plate, darning foot (for free motion stitching) and single hole plate (if you have, not required), normal sewing kit (seam ripper, screw driver, lint brush, extra bobbins, needles, etc)
- Scissors
- Sharpened pencil

### **Optional but Fun**

If you have a shirt or jacket that you always wear but are now ready to cut up, bring it. Or, if you make your own clothes, bring some of that left over fabric. Think about bringing ribbons, fake flowers, buttons, beads, necklaces, earrings, and other accessories that can help define your "look".

### **Teacher Will Supply**

1 kit containing hand-dyed flesh fabric, matching spool of thread, WonderUnder, Fusible Fleece, Fusible Interfacing, 2 Sheets of paper & Pattern. Students will select 2 yards of rattail cord (teacher will bring) to add to their kit based on the color of their background fabric.

In addition, teacher will provide a selection of fabrics, roving, trims and accessory items for facial features, hair, and embellishments.

### **Classroom Needs**

Ironing boards with irons (1 per every 7 students)

Stable tables & chairs for students -- One-6 foot per student or one 8-foot for 2 students (Obviously, the more room per student the better!)

Adequate outlets, power strips and extension cords so each student can plug in their sewing machines

### **Teacher Needs:**

Projector and screen for connection to MAC computer (I will bring computer and connection cable) and technical support to launch a power point presentation.

Access to a Bernina 440 sewing machine. (I can demonstrate on a student's machine as I would rather not bring my own.)

One 8-foot table for supplies

One 6-foot table for product display

1 Quilt Rack for displaying "Ladies Who Lunch" quilt