

Winter Free Workshop February 9, 2019

Carol Anne Grotrian --- Boro:Japanese Slow Stitch --- AM and PM

### **Boro: Japanese Slow Stitch**

If you love the idea of slow stitching, come experience an artful Japanese tradition of hand sewing. Boro is a tradition of patching and mending, born of a need to revive worn, once precious, textiles. A variety of scraps are layered and “mended” into a new fabric. Simple running stitches and sashiko thread create patterns that are elegant and complex. Because boro is often densely hand-stitched, it has been called “country sashiko.”

### **Student Supply List:**

#### **Fabrics for Boro Patching**

- a couple of medium sized pieces (maximum 12 inch square) for backing fabric
- fabric scraps: a variety of fiber and weight and size, solids and patterns
- optional: bring a fabric you’ve bought but find problematic to use
- fabrics should be suitable for hand sewing, since we’ll be needling through layers

#### **Sewing Supplies**

Sashiko needles: I prefer the shorter lengths. Tulip Sashiko Assorted Short is bend resistant.  
Scissors for fabric and cutting thread  
A thimble (optional but a good idea)  
Straight pins  
Optional: A notebook or sketchbook

I’ll bring sashiko thread to class. There is a \$3 materials fee. If you have any questions, contact Carol Anne at [carolannegrotrian@gmail.com](mailto:carolannegrotrian@gmail.com), [www.carolannegrotrian.com](http://www.carolannegrotrian.com).

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