

**Quilters Connection Winter Workshop
February 9, 2019**

Descriptions and Supply Lists

Workshop Summary	PDF link to download description and photos
All Day	
Jane Norberg will have Comfort Quilts to work on all day	Comfort Quilts
Morning	
Jane Norberg will have comfort quilts to work on all day	Comfort Quilts
Judy Becker: Make & Mount it - AM	Becker
Sylvia Einstein: Expanded Magic Square - AM	Einstein
Carol Anne Grotrian: Boro: Japanese Slow Stitch - AM PM	Grotrian
Eileen Kahan & Kathy Warren: Gelatin printing - AM	Kahan-Warren
Anne Kimball: Postcards Mini Quilts Challenge - AM PM	Kimball
RoseMary Koch: Stamping on Fabric using Various stamps & mediums - AM	Koch
Jean Konopacz: Zipped bags - AM	Konopacz
Marla Richmond: Zentangle drawing - AM PM – Cancelled	
Deb Rocha: Stack 'n' Whack raffle quilt blocks - AM PM	Rocha
Missy Shay: Intro to paper piecing – AM – Cancelled	
Afternoon	
Jane Norberg will have comfort quilts to work on all day	Comfort Quilts
Diana Bailey: Top stitched curves - PM	Bailey
Julie Fei-Fan Balzer --- Instagram for Artists --- PM	Balzer
Carol Anne Grotrian: Boro: Japanese Slow Stitch - AM PM	Grotrian
Dorothee Kennedy: Japanese origami pouch - PM	Kennedy
Anne Kimball: Postcards Mini Quilts Challenge - AM PM	Kimball
Carol Miller: Pieced trees - PM	Miller
Anita Rabinoff-Goldman: Painting with fabric scraps - PM – FULL – Waiting List	Rabinoff-Goldman
Deb Rocha: Stack 'n' Whack raffle quilt blocks - AM PM	Rocha

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Jane Norberg --- Comfort Quilts --- AM and/or PM

As many participants as possible

Come help the comfort quilt team. We create comfort quilts and comfort dolls for a wide variety of organizations. You can have your choice of tasks: stuffing bears or dolls, sewing quilts, quilting, cutting, pressing, etc. Everyone is welcome for a short time or for the entire day.

Please sign up just as you would for any other workshop. This will help the team prepare the right amount of material for a productive day.

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Judy Becker ---- Make & Mount It --- AM

Framing your quilt blocks on stretcher bars is an inexpensive way to finish them as artwork. My method involves hand stitching.

Materials:

4 12" stretcher bars (at any art store)

staple gun

15" square of material (any fabric; this wraps around the stretcher bars)

needle, thread, scissors, straight pins

To do prior to coming to class:

If you want to mount a finished quilt in class, bring a 12 1/8" square finished quilt with bound or faced edges

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Sylvia Einstein ---- The Magic Square --- AM

The Magic Square

With the "Magic Square" you can learn the use of big bold prints and other unusual fabrics. It is a deceptively simple block with a lot of possibilities.

With a square diagonally divided into four sections we will design many lovely quilts. We may glue fabric scraps in an intuitive manner. At last we will design and piece a wall hanging or quilt.

Magic Square Materials List

Please bring sewing kit, rotary cutter and board, see-through ruler, fabric scraps to glue for a design exercise, light to dark, varied, medium scale prints. (A scrap bag to share and to glue works well). **I'll bring this)**

Fabric (dark, medium and light, patterned or solids, outrageous or sedate), yardage works best, but you can also crazy-piece or strip-piece the blocks and therefore use scraps or strips.

If you have access to the Internet you can consult my web page for quilts made with these techniques. There are links to the relevant quilts on the workshop page.

www.sylviaeinstein.com

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Carol Anne Grotrian --- Boro: Japanese Slow Stitch --- AM and PM

Boro: Japanese Slow Stitch

If you love the idea of slow stitching, come experience an artful Japanese tradition of hand sewing. Boro is a tradition of patching and mending, born of a need to revive worn, once precious, textiles. A variety of scraps are layered and “mended” into a new fabric. Simple running stitches and sashiko thread create patterns that are elegant and complex. Because boro is often densely hand-stitched, it has been called “country sashiko.”

Student Supply List:

Fabrics for Boro Patching

- a couple of medium sized pieces (maximum 12 inch square) for backing fabric
- fabric scraps: a variety of fiber and weight and size, solids and patterns
- optional: bring a fabric you’ve bought but find problematic to use
- fabrics should be suitable for hand sewing, since we’ll be needling through layers

Sewing Supplies

Sashiko needles: I prefer the shorter lengths. Tulip Sashiko Assorted Short is bend resistant.

Scissors for fabric and cutting thread

A thimble (optional but a good idea)

Straight pins

Optional: A notebook or sketchbook

I’ll bring sashiko thread to class. There is a \$3 materials fee. If you have any questions, contact Carol Anne at carolannegrotrian@gmail.com, www.carolannegrotrian.com.

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Eileen Kahan / Kathy Warren --- Gelli Prints on Fabric --- AM

We have been exploring the use of gelli plates to print on fabric over the last year. This workshop is an introduction to some of the techniques that can be used with the gel printing plate.

Materials List:20-30 PFD fabric pieces prepared with freezer paper ironed on to the wrong side of fabric. Fabric should be 1-2" larger than gelli plate/

Gelli plate (online and Playtime in Arlington are around same price), either 5x7 or 8x10/

Fabric paint (we recommend Prochem Textile Paints, transparent)/

Paper Towels/

Freezer Paper to place gelli plate on while printing/

Painter's tape to attach freezer paper to table/

Spray bottle of water/

Brayer/

Water dish large enough for brayer/

Baby wipes to clean gelli plate/

soft mark making tools such as cotton swabs, pencil erasers, combs, sponges, stamps, stencils, lace, doilies, corrugated paper, etc./

To do prior to coming to class:

Cut 20-30 pieces of white PFD fabric (Pimatex is a good brand) that are at least 1-2" larger in both dimensions than the gelli plate.

Cut freezer paper the same size as gelli plate and iron onto wrong side of fabric. This will add stability as you pull your prints.

No sewing machine necessary.

Iron and iron pad to help dry fabric by end of the day.

Please see additional information below:

Dear Participants,

We're looking forward to our upcoming Gelli Plate workshop with you. So that you can spend most of your time creating fabric, we suggest that you bring the following (this is a partial repetition from original workshop list + additional info). We're emphasizing the use of everyday objects to create marks, lines, textures, and shapes. However, there are lots of ready-made stencils, texture plates, etc. that you might want to consider using also. Some, of course, are just plain irresistible!

What you need for the initial set-up (we'll demo this):

- Gelli plate(s), 1-2, the size is your choice. (Playtime in Arlington has some as does Amazon/Dick Blick among others). Playtime suggests calling so they can stock what you want.
- 20-30 pieces of PFD (prepared for dyeing) fabric mostly in white, some black if you'd like to try black fabric with metallic paints (ProChem has white fabric. Dharma Trading has black and white.) You can also use other fabrics with a tight weave. Kathy likes to use Kona cotton. Just be sure to wash and iron the fabric. Cut out pieces of fabric larger than your gelli plate to make handling easier and iron on freezer paper in the size of the gelli plate on one side. This will provide stability while pulling prints. You may also want to try a few larger pieces of fabric.
- 1-2 brayers, a few paint brushes, sponges, cotton swabs, string, pencils with erasers, circular caps, light weight plastic bags for scrunching, old credit cards with scissors to cut the edges or make lines, combs, bubble wrap(in easy to handle pieces), plastic mesh bags like the ones that contain shallots. Stencils can be made out of manila folders/Tyvek/card stock. Tweezers(to pull off stencils/string from gelli plate.) Ball point pen or pencil for making designs on foam board (which we'll provide).
- Fabric Paints: ProChem has a line of transparent fabric paints. Others are Jacquard, Tulip Matte which are opaque (at Joann's/ Michaels) and Metallic (Prochem, Tulip, Jacquard). Whatever paint you choose, it should be of medium consistency, like mayonnaise. We suggest bringing just a few colors that will blend so you can concentrate on different techniques. Kathy likes the ProChem paints and Eileen likes Tulip also.
- Freezer paper, painter's or masking tape, paper towels, baby wipes, water spray bottle.

Optional items you may want to bring: sponges in different cut out shapes to use directly on gelli plate or to dab paint on over stencils, ready-made texture plates, stencils, combs. Eileen likes silicone potholders that have texture. They're easy to clean.

There are abundant YouTube videos on using gelli plates(see <gelliarts.com>) if you want to get a head start. Books we like are "Gelli Plate Printing" by Joan Bess and "Gelli Printing" by Suzanne McNeill.

Looking forward to a fun morning!

All best,

Eileen and Kathy

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Anne Kimball --- Fusible Fabric Postcards --- AM or PM

This is a great chance to make your QC Challenge post card. We will be making 5"x8" fusible fabric postcards. You will need imagination, good fabric scissors an assortment of fabric scraps, (novelty fabric is good) and Wonder under. We will cut and fuse the postcards during the workshop. If you wish to top stitch or quilt the postcards you should bring your machine. Otherwise you can do the stitching at home.

Materials List:

1 yard Wonder Under (JoAnn Fabrics carries this)
Good fabric scissors
Assorted fabric scraps for the images. Novelty fabric is good for this
Several fat quarters for backgrounds and backs of the postcards

Teacher will provide Peletex for the middle layer of the postcards

To do prior to coming to class:

Think about what you might want to put on your postcard

Also bring:

Sewing Machine and basic sewing kit, if you want to top stitch during the workshop
Cutting Mat and rotary cutter
Iron and iron pad (3 per class – we can share)

Winter Free Workshop – February 9, 2019

RoseMary Koch --- Stamping on Fabric using Various types of stamps & mediums --- AM

Learn some of the basic and advanced forms of stamping on fabric. Fabric Stamping is not just using a stamp pad and a store bought rubber stamp. We have advanced to many more creative ways to stamp fabric and a variety of ways to get that design you love so much on to the fabric.

We will experiment with a variety of types of stamps using foam stamps, wood stamps and wood blocks. We will use paints and inked stamp pads with various sponges to transfer paints and to obtain textures. We will be using a large foam pad as a base under our fabric to stamp on fabric. Learn different ways to transfer designs to fabric using various mediums and various types of stamps. We will use ink pads, paints, and markers. We will also experiment with Shiva Paint Sticks and texture rubbing plates. There will be an opportunity to use a wood block stamp that can be used for borders. Believe it or not, even cookie cutters and plastic stencils can be used.

Wear clothes that you don't care about getting ruined with paint and ink. Stamping can be messy.

Materials kit Fee of \$12.00 Kit will include foam pad base, wax paper, sponges, brushes and fabric to experiment stamping in class. There will be a supply of paints, ink pads, paint sticks, markers, as well as a very large variety of stamps--wood, foam, plastic and large Wood Blocks for all to experiment with and share. We will also have plastic stencils to try out and some cookie cutters. You will also have a chance to try out the Shiva Paint sticks with texture rubbing plates. I will also have fabric to be used as a buffer when heat setting your fabrics.

If you feel energetic, feel free to bring additional fabric to stamp on. If you have something special you would like to do, or a piece you need to stamp, then bring it and if we have time, you can work on that project.

If you have any questions, feel free to call me – 781-646-1293 or email rmkoch@rcn.com. If you have an email that is hotmail or gmail, I probably won't get it, so call me instead.

RoseMary Koch

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Deb Rocha --- Wonky Stack'n'Whack Square Within a Square Blocks --- AM or PM

For the QC 2020/21 Raffle Quilt we'll be gathering up as many blocks as possible, hopefully enough to make a quilt to raffle to the public and one for the QC membership. We're aiming to make one similar to the quilt pictured, a wonky rainbow. You can make three blocks easily in 45 minutes with the stack'n'whack technique. In this workshop we'll go wonky and we can discuss how to make stack'n'whack kaleidoscope blocks, too. It's a really simple technique that is fun and always surprising.

Materials List:

There will be plenty of 12" blocks, but if you wish to add fabric from your stash, feel free to bring in some 12" blocks of your own. The fabric can be solid or print, but if printed it should 'read' as one of the solid rainbow colors: red, orange, yellow, green, blue, purple.

To do prior to coming to class: cut a few 12" blocks, if you wish

You will also need to bring in:

Sewing Machine and basic sewing kit (with beige or gray thread)

Rotary cutter with a new blade

12" ruler

Cutting Mat at least 16 X 24"

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Diana Bailey ---- Top-stitched curves --- PM

The workshop will focus on my version of Karen Eckmeier's layered waves. The turned top-stitched curves I use have a narrower turn, are top-stitched closer to the edge and use many narrow pieces of fabric. The finished look can be color-graded, neat, and complex. Using this method to sew curved seams, you can create: a background and add applique; a landscape; an entire abstract wall quilt; or a portion of a quilt and combine it with other methods.

Materials list:

Sewing machine and extension cord

Iron (can be a travel iron), ironing pad/board. Because so much time is spent cutting, ironing and sewing seams, 2 or 3 people will share one iron.

Finger guard tips, if you use them

Small cutting mat (at least 15") (can be shared) and Rotary cutter

Fabrics for practice (we probably won't get to the 'real' thing, but bring some fabric for a 'real' piece if you like.) About 20 strips of quilt weight (not heavy) fabric, about 15" long and 3" wide. Choose colors that blend, or are graded, or follow a theme, e.g., black and white. Fabrics can be solid, patterned, or both. The greater variety you have to play with, the greater your chance to practice creating a pleasing piece. We will discuss design as well as technique. If you would like to try a top-stitched mountain panorama, bring some graded fabrics 18" wide by 4-5". I will have detailed instructions.

If you want to try Karen Eckmeier's technique ahead of time, she describes it in her book "Layered Waves: A fresh new way to quilt" www.quilted-lizard.com

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Julie Fei-Fan Balzer --- Instagram for Artists --- PM

If you're creative and you have a smart phone, you need to be on Instagram. It's a wonderful resource for artistic inspiration. You can discover techniques and materials, artists to follow, classes to take, participate in challenges and contests, and share your work with others. In class we will cover all of the basics of using Instagram (no experience necessary) along with answering some frequently asked questions, like:

- What is a hashtag? And why would I use it?
- What's the difference between instagram stories and your instagram feed?
- And even, what's the point of instagram?

Instagram is a great place to grow your business, explore your hobby, and connect with other like-minded artists!

Materials List: Smart Phone with the Instagram app (FREE).

Carol Anne Grotrian --- Boro: Japanese Slow Stitch --- AM and PM

Boro: Japanese Slow Stitch

If you love the idea of slow stitching, come experience an artful Japanese tradition of hand sewing. Boro is a tradition of patching and mending, born of a need to revive worn, once precious, textiles. A variety of scraps are layered and “mended” into a new fabric. Simple running stitches and sashiko thread create patterns that are elegant and complex. Because boro is often densely hand-stitched, it has been called “country sashiko.”

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- a couple of medium sized pieces (maximum 12 inch square) for backing fabric
- fabric scraps: a variety of fiber and weight and size, solids and patterns
- optional: bring a fabric you’ve bought but find problematic to use
- fabrics should be suitable for hand sewing, since we’ll be needling through layers

Sewing Supplies

Sashiko needles: I prefer the shorter lengths. Tulip Sashiko Assorted Short is bend resistant.

Scissors for fabric and cutting thread

A thimble (optional but a good idea)

Straight pins

Optional: A notebook or sketchbook

I’ll bring sashiko thread to class. There is a \$3 materials fee. If you have any questions, contact Carol Anne at carolannegrotrian@gmail.com, www.carolannegrotrian.com.

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Dorothee Kennedy --- Japanese Origami Pouch --- PM

This unique drawstring bag is made out of just 2 fat quarters. It's easy to sew and quite addictive. You can create it with two inside or outside pockets in different sizes, out of different fabrics (e.g., cotton, batiks, silks, Japanese fabrics), and for different occasions (e.g., Halloween Trick or Treat bag, gift bags for Christmas, birthdays or baby showers).

Chances are good that you'll be able to make more than one pouch during the class, so feel free to bring several fat quarters; you can also bring yardage and start/make a bigger second bag.

Supply List for one bag:

1 fat quarter of main fabric

1 fat quarter of lining fabric

2 yards of ribbon or 1/8" diameter cord for drawstrings

Optional: 2 beads with large hole to use at end of drawstring

Matching or neutral/gray thread for sewing, scissors, 1 small safety pin, That Purple Thang

Sewing machine, rotary mat, rotary cutter, ruler, **extension cord**

Iron and ironing board to share

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Anne Kimball --- Fusible Fabric Postcards --- AM or PM

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Materials List:

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Several fat quarters for backgrounds and backs of the postcards

Teacher will provide Peletex for the middle layer of the postcards

To do prior to coming to class:

Think about what you might want to put on your postcard

Also bring:

Sewing Machine and basic sewing kit, if you want to top stitch during the workshop

Cutting Mat and rotary cutter

Iron and iron pad (3 per class – we can share)

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Jean Konopacz --- Small Zip Bag Class --- AM

Fear of zippers, no more. I will teach you how easy they are by making these two small bags. Both make great holiday gifts!

The smaller bag is perfect for credit cards and coins. We will install the zip as well as a side key ring while making this flat bag.

The second larger bag is perfect for cosmetics, small projects or cords. We will install the zip and box the bottom of the bag so it can contain many items.

Supplies to bring:

- sewing machine
- zipper foot (**A MUST**)
- walking foot helpful for simple quilting of bag
- iron and pad is helpful or we can share
- neutral thread
- snips
-

Fabrics to cut ahead of time:

- 2 pieces of (4' x 6") of two different fabrics for credit card pouch. Two (4" x 6") fabrics will be used outside and two will be the lining.
- 2 pieces of (7.5" x 10") of two different fabrics for larger cosmetic bag. Two will be used outside and two will be the lining.
-

NOTE: In the sample photo I have pieced scraps and then cut into the 4" x 6" for the smaller bag. In the larger cosmetic bag I have split my fabric into two (3.5" x 10") pieces of linen on the bottom, a thin strip of coordinate to divide the fabrics, and two (4" x 10") pieces of upper fabric. These bags can also look great with a strip of smaller 2.5" squares or half square triangles along the upper edge or a row of 1" hexies. Make these strips 10" wide. If you wish to scrap piece your bags, please have those pieces sewn together **before** class and I will instruct on how to put them into the bag.

KIT: \$5

Will include 1 x 12" zipper, 1 x 5" zipper, 2 decorative zipper pulls and enough iron on fleece to cover both projects. Or you can provide these yourself.

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Carol Miller --- Pieced winter tree --- PM

Following the process of Helen Howes: <http://www.helenhowestextiles.co.uk/kitsandpatterns/treetutorial.html>, we will insert varied widths of tree branch fabrics into a contrasting background. Machine piecing will result in a unique tree block; if you make more, you can have a forest!

Materials List:

For each tree block, bring:

12" or 15" square background fabric (or a 12" x 15" rectangle)

several long strips of tree branch fabric, 1" and 1.5" wide (any contrasting solid or print)

It would be helpful to have a large square ruler or piece of cardboard, for transporting the work to the sewing machine and for keeping the pieces in order. Cutting mat can be used for this purpose if it's not too large

Also bring:

Sewing Machine and basic sewing kit

Rotary cutter with a new blade

12" or 20" ruler

Cutting Mat at least 16 X 24"

Iron and iron pad (helpful, but not necessary – we can share)

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Anita Rabinoff-Goldman --- Painting with Fabric Scraps --- PM

I treat my fabrics as paints and collage them in a way that builds my images until what I've created expresses what I want to say.

Materials list:

Muslin or other cotton backing fabric,

wonder under or other fusible,

scrap fabrics,

scissors,

cutting mat if possible

Iron and ironing pad/board to share

Workshop is full as of November 15, 2018. **Wait list is available.**

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Deb Rocha --- Wonky Stack'n'Whack Square Within a Square Blocks --- AM or PM

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To do prior to coming to class: cut a few 12" blocks, if you wish

You will also need to bring in:

Sewing Machine and basic sewing kit (with beige or gray thread)

Rotary cutter with a new blade

12" ruler

Cutting Mat at least 16 X 24"